

PRESURGICAL INSTRUCTIONS FOR IV SEDATION

You have chosen to have intravenous (IV) sedation for a surgical procedure. During this process of sedation, a needle will be placed into a vein either in your hand or forearm and sedative drugs will be administered which will then cause you to become relaxed, non-apprehensive, and sleepy. However, you will **NOT** be unconscious. Local anesthetics, such as Lidocaine, will be used to control pain during the surgical procedure. As a result of the sedative effect of the intravenous drugs, we ask that you adhere to the following recommendations for your safety.

1. The medications that we will give you will inhibit your ability to move around unattended as well as it will prevent your ability to drive. As a result, we require that you make arrangements to have an escort accompany you to and from the surgical appointment. If you come to your appointment without with an escort, IV sedation will not be administered and your appointment will need to be rescheduled.
2. Your escort must be present within the office during the procedure so that you may be discharged to go home immediately following your recovery from surgery. He or she must also remain with you for at least **6 hours** following the surgery to provide or seek help if needed.
3. **FEMALES: If there is any possibility that you may be pregnant, a pregnancy test will be required within 24 hours of your appointment.** It is your responsibility to inform the doctor if there is a possibility of pregnancy since the affects of the sedation medication can result in serious birth defects.
4. **Do not wear jewelry, nail polish, acrylic nails, contact lenses or make-up the day of your surgery.** Make sure to wear comfortable, loose clothing. It is best to wear a shirt with short sleeves since the IV will be placed on one arm and a blood pressure cuff will be placed on the other.
5. **Do not eat or drink anything 6 hours prior to your appointment.** For example, if you are scheduled for a morning appointment, do not have breakfast. If you are scheduled to come in for a procedure in the afternoon, do not eat lunch.
6. **Do not consume alcoholic beverages within 24 hours prior to surgery.**
7. Be sure to advise us of any medications that you are taking, including aspirin or birth control pills. Do not take any other medication without our knowledge or approval. Notify our office if you develop a cold, fever, cough or sore throat prior to your appointment.
8. After the procedure, full mental alertness may not return for several hours and therefore for the remainder of the day you should limit activity requiring full concentration. **Do not under any circumstances** operate any vehicles, undertake business matters, handle firearms or drink alcohol for 24 hours after the last dose of narcotic pain medication has been administered. However, in some individuals, the effects of the drugs may persist past 24 hours so just be sure to use your judgment.

If you have any questions or concerns about your surgical procedure, feel free to contact the office.

I have been given a copy of the above instructions, thoroughly read them and understand my responsibilities as a patient. I have had the opportunity to have all of my questions answered to my satisfaction and I agree to comply with the above recommendations.

(Patient's Signature)

(Date)